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| Porridge  With various toppings |  |

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|  | Number of servings: 2  Prep time: 10 min  Cook time: 5min  Total time: 15 min  Cost: £0.18p per serving, plus toppings (£0.20p- £0.80p) |

Porridge:

* 30g of Oats and 60ml water 60ml milk.

Topping Ideas:

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| * Banana and Cinnamon. * Grated Apple and Pecan. * Mango and Passionfruit. * Carrot, Raisins, Cinnamon and Nutmeg. * Grated Beetroot, Sultanas and Pecans. * Figs, Cranberries and Almonds. * Plums and Cinnamon. * Chocolate and Hazelnuts.. * Pomegranate molasses and Feta. | * Peanut butter and Raspberries. * Cacao and Coconut. * Apple and Blackberry. * Tahini, dates, poppy seeds. * Vanilla and Ginger. * Cacao and Avocado. * Raspberries, Cardamom and Vanilla. * Cranberries and Orange. * Mixed seeds, Egg and Spinach. * Cashews and Turmeric. |